

## **CDC Recommendations for Adolescent Vaccination**

The CDC has launched a new campaign to bring awareness about adolescent vaccinations. It is recommended that all 11 and 12 year olds receive two to three vaccines in their preteen years.

The vaccines recommended specifically for this age group are as follows:

- MCV4 (Menactra) which protects against meningitis and its complications
- Tdap which is a booster against tetanus, diphtheria, and pertussis (whooping cough)
- HPV (Gardasil) for girls, which protects against the types of human papillomavirus that most commonly cause cervical cancer.

This is also an excellent time to make sure your preteen is caught up on vaccinations such as:

- MMR for measles, mumps, and rubella
- Varicella which protects against chicken pox
- Hepatitis B
- Any other important childhood immunization that may be missing

All of the above mentioned vaccines can be received at the Sanders County Health Department. The CDC also recommends a preteen checkup provided by your local physician.

For more information on the CDC campaign, please visit the website below:

<http://www.cdc.gov/vaccines/spec-grps/preteens-adol.htm>